



Halton Quilters Guild - celebrating 46 years of quilting and friendship!



#### **February 1, 2024**

Meetings are held monthly on the first Thursday.

Mainway Arena (Auditorium) 4015 Mainway Drive, Burlington

#### Doors open: 6:30 p.m. Meeting: 7:00 p.m.

Guests may join us for \$5.
Send a request via our
Facebook page or email
haltonquilters@gmail.com

Next Meeting: March 7, 2024

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WEBSITE: www.haltonquiltersguild.ca

#### **President's Message**

Leann Goodall

It seems to me that January is passing by in a blink of the eye. The weather took a sudden turn towards actual winter conditions, so I piled another quilt on the bed to compensate for lower temperatures and added a couple of throws to the living room seating. I just love being able to switch out or add on quilts.

I didn't ask last month, but did anyone make New Year's Resolutions in relation to quilting? I didn't but I continue to be inspired by our speakers and our members' Show and Share quilts. I am loving the Vice President's Challenge and eagerly await February's Challenge Block. I don't get each one sewn up as quickly as some members do, and I'm not sure anyone is faster than Sheila Keating!

I've been looking at my sewing room these last weeks and it definitely needs a makeover. Yes, I'm calling it a makeover because that sounds more fun than clean out/up or organization. Do you give your sewing space a spring clean? Got any tips to share with everyone?

I've been busy looking for items for the President's Challenge prize. If you have any suggestions for tools to include, please see me at the February or March meeting with your recommendations. Remember, bring your completed submissions to the May meeting!

Leann

#### FEBRUARY is COMFORT QUILT month!

#### What to bring to the February meeting:

Your name tag

Block of the Month and VP Challenge for February

Outreach - Comfort Quilts and Halton Hearts

\$\$\$ for the 50/50 Draw

"Free Table" Items

Sew and Share

**Social** - surnames **L** and **M** Remember to bring your mug!

For the health and comfort of all, Halton Quilters Guild meetings are SCENT FREE.



#### **Newsletter Deadline**

Please send items for the March newsletter **BY February 23**<sup>rd</sup>.

Susan Atherton, Editor

#### **Newsletter Distribution**

**Email:** Please let us know if you have any issues getting your copy of Snippets.

**Website:** Past issues are available on the guild website. **www.haltonguiltersguild.ca** 

Patti Wiggs

#### **Advertising Rates**

**Business card** \$ 120 / yr. 3 1/2" by 2" \$ 15 each Quarter page \$ 240 / yr. 3 1/2" by 4 3/4" \$ 30 each \$ 320 / yr. Half page 7 1/2" by 4 3/4" \$ 40 each \$ 440 / yr. Full page 7 1/2" by 9 1/2" \$ 55 each

When visiting our advertisers, please let them know you saw their ad in this newsletter! We need to let them know that we appreciate their support!

Susan Atherton

Editor / Advertising Co-ordinator haltonquilters@gmail.com

March 7, 2024 (N to R)

May 2, 2024 (W to Z)

### Halton Quilters Guild 2023 - 2024

#### Officers of the Executive

President Leann Goodall

Vice-President Katherine Hunter

**Secretary** Marsha Sharp and Cheryl Griffin

Treasurer Dianne Goldsmith

Past President Darla Youldon

#### **Committee Chairs**

**50 / 50 Draw** Susan Carter and Patricia Phillips

Block of the Month Sheila Keating, Cheryl Griffin and

Barbara Laycock

Email Distribution Patti Wiggs

**Historian** Desiree Thyme

**Membership** Marilyn McKague, Donna Anthony

and Joanne Moloney

Newsletter / Advertising Susan Atherton

Outreach (Comfort Quilts) Kay Boyd and Sue Curran

Outreach (Neonatal) Ermy Akers and Pamela Simons

Photographer Darla Youldon and Sharon Penney

**Programme** Sue Curran and Sue Williams

**Quilt Show Co-Convenors** Cathy Lamothe and Desiree Thyme

Sew Days Mindy Hewitt

**Social** Katalin Lawford, Ellen Marshall,

Teresa Kidd and Deb Biller

Social Media (Facebook) Cheryl Laine and Susan Atherton

Social Media (Website) Susan Atherton

Workshops / Quilt Along Katherine Hunter

#### 2024 Guild Meeting Dates / Treats Schedule

April 4, 2024 (S to V) June 6, 2024 (Pot Luck)

\*and if you missed your turn, please bring treats in May!



Social Committee



Have a question for the Halton Quilters Guild?

Send an email to haltonquilters@gmail.com



#### Membership

#### Marilyn McKague, Donna Anthony and Joanne Moloney

We started off the new year with 48 members attending the January meeting while another dozen enjoyed the speaker's presentation on Zoom.

131

Please remember to sign in at the tables for attendance purposes. If you need a membership card, a name tag or if you have questions, please see us at the membership desk.

Your membership list will help you get in touch with other guild members. Please remember to keep your information updated! Happy quilting from Your Membership Committee!

#### **HQG** "Snips"

#### 50/50 Draw Susan Carter and Patricia Phillips

Congratulations to **Joann Sherry** who won **\$85.50** in January. Buy a ticket for a chance to win some \$\$\$ to help pay off those holiday bills!

#### Sew and Share / Photography

#### Darla Youldon and Sharon Penney

Photos of items presented at Sew and Share may be posted to the HQG website. If you don't wish to have your quilt photographed and shared, please mention this as you are presenting your quilt.

Secretary Marsha Sharp and Cheryl Griffin

Do you know of a guild member who would appreciate receiving a sympathy or a get well card? Please contact one of us via email or phone.

#### Halton Hearts 🔻

#### **Ermy Akers and Pamela Simons**

Thank you to everyone who has sewn the flannel hearts. Hearts may be dropped off and kits will be available at the February meeting.

#### Sew Days February 8, March 14, April 11 (all Thursdays) Mindy Hewitt

Sew days are a great way to get new ideas from other quilters ... and enjoy great company while you work on whatever project you wish to bring. Join us in the community room at District 3 Police Station, 3800 Constable Henshaw Blvd, Burlington (Walkers & Dundas) from 9 am to 4 pm, or in between! Space is limited so email me if interested. Happy Sewing!

#### Weekly Online Chats Wednesday Evenings (7:00 to 9:00 p.m.) Cheryl Laine

Looking to stay in touch with other members and still sew from your sewing room? Join us on Wednesday evenings when we meet on Zoom to share ideas, chat and sew. Members will have received an email with the Zoom link (same each week), so you can add it to your calendar. We hope you can find the time to stop by and say "hello", ask for advice or simply see what other quilters are doing!





#### **Programme**

#### **February 1, 2024**

#### Sue Curran and Sue Williams



Valerie Prideaux of Cozy Funky Cool will join us via Zoom for February's meeting. Her love for quilts and quilting begins and ends with colour and design. Valerie will speak about Tumbler quilts\* - just one shape with endless possibilities.

Tumbler Quilts

Part One Stage

PROJESS PROSSBUTES

Part of Printeger & Delegar

Valent of Printeger

Valerie ran Quilts at the Creek at Black Creek Pioneer Village for eight years, and later created QuiltTalk, an online series featuring international quilt professionals.

Visit **cozyfunkycool.com** to learn more about Valerie and her quilts.

(\* I admit I had to google What is a Tumbler quilt? I learned it is a type of patchwork quilt made up of small, rectangular pieces of fabric sewn together to create a larger design. The pieces of fabric are cut in the shape of a tumbler, which is a glass with a wide, round top and a narrower bottom. The tumbler shape is repeated throughout the quilt to create a unique and visually interesting pattern. Editor)









Q: Why did the quilt shop go out of business?

A: Because it was a patchwork shop!



#### **Outreach**

## Quilts bring comfort ... one quilt at a time

One common thread among quilt guilds is the Outreach Committee which is responsible for providing quilts to those in need of comfort. The gift of a quilt brightens the bad days and acts as a comforting reminder of the kindness of others.

An important aim and objective of our guild is to "participate in community projects". We have a proud history of making these "comfort quilts" and providing an important service to our community, donating quilts to local groups who make a difference and to individuals in need of comfort.

#### **Comfort Quilts**

#### Kay Boyd and Sue Curran



We have lots of kits available to be picked up and quilted. Most are of a size that can be quilted on a domestic sewing machine. No fancy quilting required. Stitching in the ditch, walking foot designs or just wavy lines work well, or perhaps you would like to play with your Westerly rulers!

We have over 30 tops that have been donated that are now ready with batting and backing. Please consider picking up a kit to be finished.

Here are excerpts from thank you letters that we have received from our community partners.

COMPASSION SOCIETY OF HALTON: The children's quilts are especially amazing and the parents are so excited to be able to brighten up their child's beds. Many clients who are new to Canada have not been able to bring everything with them and these handmade quilts are a wonderful gift. It is a pleasure to be able to put a smile on a child's or a senior's face and it is all thanks to you!

HALTON CHILDREN'S AID SOCIETY: There is always a 'buzz' in the office when the quilts arrive. Everyone is excited to see your amazing work. Your continued support warms the hearts of our entire team and delights EVERY recipient!

JOSEPH BRANT HOSPITAL BLANKETS OF HOPE: The quilts from your wonderful organization bring some sunshine into people's lives. What you do is so meaningful!



17528 Elginfield Road St. Marys, Ontario N4X 1C6 226-661-4004

karen@kalidoscopeofquilts.ca www.kalidoscopeofquilts.ca



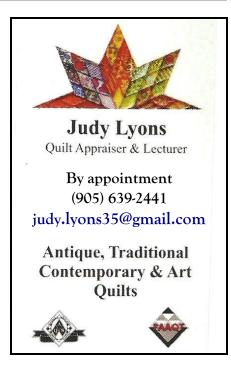
# Why do we make Comfort Quilts?

A quilt offers someone a hug from a caring stranger.

A quilt is a gift to warm the body and comfort the soul..

A quilts says "May you have warmth and comfort always".

... for one who sleeps under a quilt is comforted by love.



#### **Knots and Patches**

Katherine Hunter

"May this quilt keep you safe and warm May it be your good luck charm I do not know your name or the mountains you face What you hold in your arms is a Quilter's Embrace"

"A Quilter's Embrace" by Cathy Miller

Traditionally February's quild meeting was extended to a full day to allow members to gather and create quilts for the organizations we support with donated quilts. Some members came to piece tops, others to quilt on domestic machines, and still more to bind quilts ready for the final stage and label. The pandemic changed many things and traditions fell away to make room for new. creative activities and meeting opportunities. While we haven't met in the old way we are still able to create 200+ guilts per year in support of worthwhile community groups, bringing comfort to their clientele.

From the quilter's point of view, and this is especially true of me, repetitive piecing can calm the mind and body, thereby reducing stress and anxiety. It can also promote mindfulness which has been shown to have multiple benefits. My husband practises mindfulness and we recently discussed how I am hopeless at this. He pointed out that my time in the Art Room piecing fabric is a form of mindfulness, not his style, but one that suits me. In addition, I use the time to puzzle out problems and deal with the ins and outs of family life. Other benefits include increased focus and concentration, although I have to work harder on that. Frog-stitching is one of my strengths! If you are unfamiliar with that term, it is called frog-stitching because we 'ripit, ripit, ripit'.

There is nothing like the anticipation of giving a quilt to someone to give you a sense of purpose and accomplishment, especially if I know the recipient of the quilt. I try to bring up good memories, appreciate the struggles, and offer up good thoughts. As we were cleaning out the apartment, we came across several of the quilts and vests I had given my mother-in-law over the years. I clearly remember her delight as she received each one and the plans she had for them. If I don't know who will receive the quilt, I try to imbue the quilt with hopeful and positive thoughts as I make it.

You may know who you are giving the quilt to or it may be one of many donated on your behalf to an organization that has requested quilts for their clients. Quilts provide warmth, comfort, and the knowledge that someone cared enough to spend hours creating the quilt for a stranger. The magic of a guilt is far greater than the pieces of fabric. Over the years we have received many letters from recipients of Halton Quilters Guild guilts. One that springs to mind is from a front line worker during the Humboldt, Saskatchewan bus tragedy. The recipient was so grateful to receive the quilt. It brought her comfort and helped with the healing during this terrible time. While surrounded by people in her town, she felt that the quilt was a reminder that she was not alone, that the country was grieving with her and was there to support her.









Sometimes we quilters are part of a larger project and join with many other quilters that we do not know to make a statement, promote social justice, bring awareness to an idea or event.

The AIDS Quilt was a source of comfort and inspiration and was used as a tool for social activism throughout this crisis. It is enormous, weighing 56 tons, and has 110,000 names embroidered on it. If interested, 'google' this quilt and even take part in the interactive display.

Beyond the Mask was a large scale community project showing the collective response to the pandemic. Each block was the size of a facemask and was to be tied to its neighbours. Brenda Reid, the inspiration behind this project, asked residents of the Waterloo Region, "From when the pandemic started, in March 2020, until now, what has changed the most in your life?"

Visit www.frombehindthemask-quilt.com to read about the project and view the individual blocks.



The Quilt of Belonging brought together many quilters from all walks of life and corners of Canada to show the incredible diversity of our indigenous peoples and every nation on the earth.

www.quiltofbelonging.ca

(Editor: I have a copy of the book The Quilt of Belonging - Stitching Together the Stories of a Nation by Janice Weaver. Contact me if you would like to borrow it.)

Both these quilts were gifts made out of love and a concern for our

human family. The quilters came together first as strangers and then created some friendships. In both cases, they have no idea who is viewing the quilt or the comfort and sense of belonging it brings to the communities.



As we move into this month of friendship and community, I do have a task for you, totally voluntary, of course. Go through your stash of quilts (and I know you have one). Pick out one and bring it to the February meeting to give to someone you have never met, who will, I guarantee, feel the "Quilters Embrace" as they curl up underneath it and envelope themselves in the warmth, comfort, and caring you put into making it.

Katherine

#### SNIPPETS FROM OUR PAST

#### Desiree Thyme and Susan Atherton

## Connecting Threads ... Connecting People Rosemary Makhan - Founder of the Halton Quilters Guild

A conversation with the winner of a quilt at an LTC fundraiser led me to the discovery of a guild member's connection to Rosemary and her family ... and, with that, the idea of a feature on Rosemary for our History page.

#### Rosemary's Patterns are Timeless (Teresa Kidd)

**Rosemary Makhan** was an amazing woman - a wife and mother, a talented quilt designer and an inspiring teacher. She meant so much to so many people. Rosemary was a beautiful soul and a special friend to me.

I first got to know Rosemary in 1998 when I took her "Ladies of the Night" workshop at Jellybean's Pride in Oakville. I was a new quilter – she was a patient teacher. She already had several designs published and it seemed as if she knew everything there was to know about the art. When I joined the Halton Quilters Guild, I learned more about her impact on the quilting world.



I was thrilled when she reached out to me because she thought my journalism skills could help her get the word out about her label, **Quilts by Rosemary**. When she invited me to sew with her in her studio, I felt like a kid in Santa's workshop. I loved working with her and she, in return, taught me so much. Despite our age difference and my obvious lack of sewing prowess, we became good friends. We eventually collaborated on five retreats - hosting quilters from Ontario and New York State, creating workshops and teaching classes.

I now have the privilege of distributing Rosemary's self-published designs through my own company, **The Blue Door Studio**. It is delightful to see their popularity remain. <u>Woodland Creatures</u> is a nine block masterpiece designed for her son who loved animals. It continues to be offered as a block of the month by quilt shops and printed sets have been shipped throughout Canada and around the world.

Rosemary always embraced the latest technology in her business, learning how to create her website, use publishing software and photograph her quilts. Now her digital patterns are accessible to quilters in every country. They have made her designs with wool, flannel, even fabric paint. I think she would be happy to see the reviews her patterns get on Etsy.

"Love the design. I can't wait to get started."

"Fell in love with this pattern and was great to find it!!"

"This is a fun pattern - just love the animals and the overall whimsy."

The Blue Door Studio Co

@thebluedoorstudioco

The quilting community lost a gem when Rosemary passed away in 2014. And I lost a dear friend. It's an honour for me to bring Rosemary's designs to a whole new generation of quilters.

**Judy Neill**: One of many fond memories of mine with Rosemary was our road trip to the Burlington, Vermont quilt festival. It was where Rosemary got her first award for her Nature's Garden quilt. Any time spent with Rosemary was special, and I miss our times together.

**Trudy Nicholls**: Rosemary was a very dear friend and a tremendous inspiration to myself and many others. I took many classes of Rosemary's. In turn, the classes and Rosemary inspired my many projects over the years. I still miss her.

Susan Atherton: I never had the honour of meeting Rosemary, but was fortunate to see "Quilts by Rosemary - A Tribute" (special exhibit) at the HQG Quilt Show in 2015. An Internet search led me to Quilts by Rosemary, a blog started in 2009 in which she wrote about her quilting journey and included a number of helpful hints and photos. In fact, I discovered that our guild and some of our members are mentioned there, along with photos!

Rosemary liked to share her love of appliqué, travelling throughout Canada, giving trunk shows and workshops. In 1993 she was named the Canadian Quilters' Association Teacher of the Year. Her *Nature's Garden* and *Woodland Creatures* patterns were featured in block of the month clubs, giving loyal fans the opportunity to reproduce her appliqué designs and put their own stamp on them. Canada and nature were often her themes of choice while her designs often included calligraphy and silk ribbon embroidery. Her quilt, *England's Rose*, was a stunning tribute to Lady Diana. \*



Nature's Garden - four block

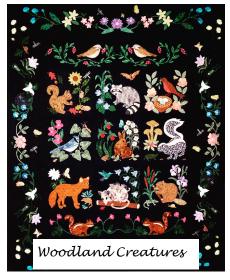


\*Written by Teresa for our 2015 Quilt Show programme.



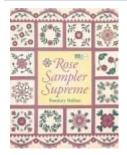
Nature's Garden - nine block

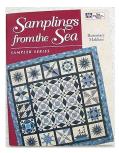


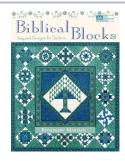


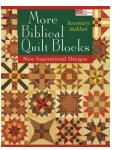


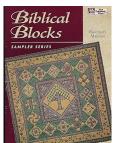
A much-loved designer with an international following, Rosemary published her award-winning appliqué designs and themed samplers under her own label, **Quilts by Rosemary**. Her books Rose Sampler Supreme, Samplings from the Sea, Biblical Blocks, More Biblical Quilt Blocks, and the William Morris inspired Floral Abundance were published by That Patchwork Place.\*

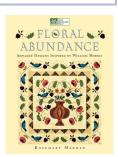












#### Workshops 2024

Katherine Hunter

February 16: Project Bag with Mindy Hewitt

Bags - something to carry all the pieces we bring to Sew Days or workshops in one neat package. The workshop will be at the **Bronte** Community Room (2485 North Service Rd., Oakville / Bronte and QEW).

In March Sue Paquette will lead a workshop in the art of English Paper Piecing. Sign up at the February and March meetings. The date and location are TBA.

At the present time the schedule for the workshops listed earlier has changed and further details will be forthcoming.

Quilting is my passion. Chocolate comes in a close second!

Mindy Hewitt will lead a workshop on Project

May 30th and 31st, 2025 **Sheridan Conference Centre** 

Stitches in Time Quilt Show Corner

Quilt Show Updates: We will get together after the February meeting.

All are welcome!

There is no commitment made by attending.

Input from all members of the guild is much appreciated.

Desiree Thyme and Cathy Lamothe

## Hamilton Sewing

www.hamiltonsewing.com

**Guild Members receive** 25% Off Fabric Everyday

michele@hamiltonsewing.com

1564 Main St. W. Hamilton On.

Phone 905 527 6794



#### Social Media - Facebook Members Only Page

73 HQG members

A reminder that the Halton Quilters Guild has its own page for members! It's an opportunity to request help, share work in progress and present our finished quilts. Links and updates from our advertisers may also be posted, providing us with information to help us shop in person or online.

It's simple to join. Find the Halton Quilters Guild Members on Facebook, request to join and answer the question "Are you a member?" plus agree to the 3 simple group rules. Just be patient as we may be busy in the sewing room and take some time to see your request!

Sign up and see what your guild friends are doing! You can see photos of projects others have completed, ask questions and get helpful hints, or simply enjoy.













#### **Block of the Month**

#### Sheila Keating, Cheryl Griffin and Barbara Laycock

#### MARCH - EASY OPTICAL ILLUSION (8 1/2" unfinished block)





#### Cut

- 1 bright coloured 4 1/2" square
- 1 black 4 1/2" square
- 1 white tone on tone or cream tone on tone 5" square for HSTs
- 1 black 5" square for HSTs

#### **Assembly**

- Make 2 HSTs as follows:
- Draw a diagonal line on the wrong side of white/cream 5" square.
- Place on top of black 5" square right sides together.
- Sew ¼" away from the line on both sides. Cut on line, press open and square up to 4 ½".
- Place the coloured 4 ½" square top left and black 4 ½" square on bottom right.
- Place the HSTs with black pointing toward the centre on bottom left and top right.
- Sew in pairs then sew pairs together to make block.

Congratulations to the winners of the BoM blocks!

December: Gail Jackson January: Carol Coleman

## Hamilton Sewing Warehouse



Hello, my name is Leonard, co-owner with my wife Michele of Hamilton Sewing since 1988. We specialize in Sewing, Quilting, and Embroidery Machines. After working as a technician for a major Sewing Machine Company for 20 years I,m very confident in my abilities to repair all makes. If you have any questions, need help please contact me at 905 388 9400, or email leonard@hamiltonsewing.com or visit my shop at 43 Bigwin Road. Hamilton... hamiltonsewing.com | facebook.com/hamiltonsew





# STONEHENGE Gradations

Northcott is excited to premiere a new and improved **Stonehenge Cradations**, now available in stores.

Featuring 70 must-have shades in 13 colorways, this collection is complimented by a new range of Multi Mixers and coordinating. Wide Backing, Stonehenge Gradations and Multi Mixers are also available in a wide range of precuts.

Head over to www.Northcott.com to view the entire Stonehenge Gradations collection, and use the Product Finder to see who carries these basics near you!



Get news from Northcott right to your inbox! Visit <u>www.northcott.com</u> to see the latest news, get free patterns and enjoy sneak peek highlights about upcoming collections and events.

Click on "About Us" and then click on "Contact Us" to sign up for the monthly newsletter.

#### **Upcoming 2024 Quilting Events**

April 19 to 20 Quilted Expressions Quilt Show, Oakville QG, Oakville

**April 27** Quilts on the Grand, Paris Quilting Bees, Paris

May 3 to May 4 2024 Harvest of Quilts, Settlers Village Quilters, Bobcaygeon

May 3 to 4 Niagara Modern Quilt Expo, Niagara Modern QG, Fonthill

May 31 to June 1 Garden of Quilts, Dunnville's Own Tiny Stitchers (D.O.T.S.), Dunnville

May 31 to June 1 Quilts in Bloom, Hamilton QG, Ancaster Fairgrounds, Jerseyville

June 14 to 15 Common Thread Quilt Guild Quilt Show, Ottawa

June 19 to 22 Quilt Canada 2024, Edmonton, Alberta

September 7 to 8 Quilting for the Holidays, Quinte Quilters Guild, Belleville





Winter is here but spring WILL come so mark these quilt show dates on your calendar!



#### What stirs the ♥ of a quilter? FABRIC!

BURLINGTON
COOKSTOWN
COOKSTOWN
COUNTRY Concessions 35 King St. North, Cookstown / 705-458-4546
HAMILTON
Hamilton Sewing 1564 Main St. West, Hamilton / 905-527-6794
Heirloom Treasures 132 Governors Rd. East, Paris / 519-774-5164
SHAKESPEARE
The Quilt Place 3991 Perth Rd. 107, Shakespeare / 519-625-8435

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ST. CATHARINES Kindred Spirits Quilt Co. 211 Martindale Rd., St. Catharines / 905-397-9500

ST. CATHARINES Up Yur Quilt 395 Ontario St., St. Catharines / 289-362-1443

ST. MARYS Kalidoscope of Quilts 17528 Elginfield Rd., St. Marys / 226-661-4004

STRATFORD Ye Olde Fabric Shoppe 327 Erie St., Stratford / 519-273-5773

**TEESWATER** Sanity Hill Fabrics 3855 Bruce Rd. 4, Formosa/Teeswater / 519-392-6046

#### **OTHER SERVICES:**

BURLINGTON Compass Quilt Company (longarm service) 289-230-4310

BURLINGTON Honeybee Quilt Studio (longarm service) honeybeequiltstudio.ca

BURLINGTON Judy Lyons, Quilt Appraiser 905-639-2441

BURLINGTON Kate Paquette, KW Edge Realty 905-441-6689

BURLINGTON Sew Tec (sewing machine repairs) 905-638-3814

**BURLINGTON Darla Youldon, ReMax** 289-888-1987

